

**LEIGH ANN SIMMONS, PH.D., M.F.T.
PROFESSOR AND CHAIR
UNIVERSITY OF CALIFORNIA, DAVIS**

ACADEMIC TRAINING

- 2004 Ph.D. Child and Family Development, The University of Georgia
Area of Specialization: Social Welfare and Family Policy
- 2000 M.F.T. Couple and Family Therapy, MCP-Hahnemann University
Clinical Concentration: Family Relations in Urban, Low-Income Families
- 1992 B.A. Literature/Writing (*Cum Laude*), University of California at San Diego

SCHOLARLY SOCIETIES

<u>Society</u>	<u>Date (Year)</u>
Alpha Eta	2000
Gamma Sigma Delta	2002
Phi Kappa Phi	2004

PROFESSIONAL AND ACADEMIC CAREER

<u>Institution</u>	<u>Position/Title</u>	<u>Dates (Years)</u>
University of Kentucky	Assistant Professor, Family Studies	2004-2009
University of Kentucky	Faculty Affiliate, Center for Poverty Research	2004-2009
University of Kentucky	Assistant Professor, Health Services Management	2005-2009
National Institutes of Health	Health Disparities Scholar, National Center for Minority Health and Health Disparities	2005-2010
University of Kentucky	Faculty Affiliate, Center for the Advancement of Women's Health	2006-2009
University of Kentucky	Faculty Associate, Maternal-Fetal Medicine, OB/GYN	2007-2009

<u>Institution</u>	<u>Position/Title</u>	<u>Dates (Years)</u>
University of Kentucky	Faculty Affiliate, Brownstable Barn Diabetes and Obesity Center	2008-2009
Duke University	Assistant Professor, Department of Medicine, Division of General Internal Medicine	2009-2012
Duke University	Senior Faculty Fellow for Clinical and Translational Research, Duke Integrative Medicine	2010-2013
Duke University	Senior Research Fellow, Center for Research on Prospective Health Care	2009-2014
Duke University	Associate Professor Duke University School of Nursing	2012 – 2019
Duke University	Faculty Affiliate, Duke Center for Applied Genomics and Precision Medicine	2012-present
Duke University	Policy Chair, Duke Center for Applied Genomics & Precision Medicine	2012-2016
Duke University	Faculty Affiliate, Science and Society	2013-2019
Duke University	Faculty Affiliate, Duke Institute for Brain Sciences	2014-present
Duke University	Faculty Affiliate, Duke Center for Research on Prospective Health Care	2014-2017
Duke University	Faculty Governance Chair, Duke University School of Nursing	2017-2019
Duke University	Consulting Professor, Duke University School of Nursing	2019-2021
UC Davis	Professor, Department of Human Ecology	2019-present
UC Davis	Chair, Department of Human Ecology	2019-present
UC Davis	Co-Director, Perinatal Origins of Disparities Center	2019-present

AWARDS AND RECOGNITIONS

MCP-Hahnemann University School of Health Professions Award for Academic Excellence	2000
University-wide Assistantship, Boyd Center for Graduate Research, The University of Georgia (annual stipend + full tuition)	2000-2002
Karen R. Davis Scholarship, The University of Georgia	2001-2002
National Council on Family Relations Family Therapy Section Certificate of Merit Conference Submission Paper	2002

Congressional Fellow Award, College of Family and Consumer Sciences, The University of Georgia (stipend + full tuition) *Legislative Aide for Senator Edward M. Kennedy, Health Education Labor and Pensions Committee	2003
National Council on Family Relations (NCFR) Student/New Professional Award*	2004
National Council on Family Relations (NCFR) Ruth Hathaway Jewson Graduate Research/Dissertation Award (*First person in the history of NCFR to receive the student/new professional and dissertation awards in the same year)	2004
University of Georgia Robert C. Anderson Memorial Award Nominee (Nominated by the Dean of the College of Family and Consumer Sciences for an early career award acknowledging excellence in research for the period immediately following receipt of the Ph.D.)	2005
Participant, Circles of Power: Women Faculty in Leadership (1 of 21 women selected campus-wide)	2005-2006
Recipient, UK School of Human Environmental Sciences Futures 100 Award	2007
Commissioned Kentucky Colonel (Gubernatorial honor for service to the Commonwealth of Kentucky)	2007
Featured in <i>101 Careers in Public Health</i> by Beth Seltzer (Springer Publications)	2010
Participant, Duke LEADER: Leadership Development for Researchers Program	2011-2012
Nominee, Graduate School Dean's Award for Excellence in Mentoring	2016
Nominee, Research Mentoring Award, Office for Faculty Development, Duke University	2016
Nominee, Graduate School Dean's Award for Excellence in Mentoring, Duke University	2017
Recipient, Graduate School Dean's Award for Excellence in Mentoring, Duke University	2019
Elected Fellow, American Academy of Health Behavior	2020

REFEREED PUBLICATIONS

Refereed journals (students/trainees underlined, *represents senior/corresponding author)

Published

1. **Simmons, L. A.**, & Wright, D. W. (2004). National practice guidelines for mental health care: A comparative policy analysis of the United Kingdom and the United States. *Journal of Health and Social Policy*, 19(2), 59-80. #Now *Social Work in Public Health*
2. **Simmons, L. A.**, Modesitt, S. C., Brody, A. C., & Leggin, A. B. (2006). Food insecurity among cancer patients in Kentucky: A pilot study. *Journal of Oncology Practice*, 2(6), 274-279.
3. Brody, A. C., & **Simmons, L. A.** (2007). Family resiliency during childhood cancer: The father's perspective. *Journal of Pediatric Oncology Nursing*, 24(3), 152-165.

4. **Simmons, L. A.**, & Havens, J. R. (2007). Comorbid substance and mental disorders among rural Americans: Results from the National Comorbidity Survey. *Journal of Affective Disorders, 99*, 265-271.
5. **Simmons, L. A.** (2007). Self-perceived burden in cancer patients: Validation of the Self-Perceived Burden Scale. *Cancer Nursing: An International Journal for Cancer Care, 30*(4), 1-7.
6. **Simmons, L. A.**, Dolan, E. A., & Braun, B. (2007). Rhetoric and reality of economic self-sufficiency among rural, low-income families: A longitudinal study. *Journal of Family and Economic Issues, 28*(3), 489-505.
7. **Simmons, L. A.**, Huddleston-Casas, C. A., & Berry, A. A. (2007). Low-income rural women and depression: Factors associated with self-reporting. *American Journal of Health Behavior, 31*(6), 657-666.
8. **Simmons, L. A.**, Braun, B., Wright, D. W., & Miller, S. R. (2007). Human capital, social support, and long-term economic well-being among rural, low-income mothers: A latent growth curve analysis. *Journal of Family and Economic Issues, 28*(4), 635-652.
9. Wright, D. W., **Simmons, L. A.**, & Campbell, K. (2007). Does a marriage ideal exist? Using Q-sort methodology to compare young adults' and professional educators' views on healthy marriages. *Contemporary Family Therapy, 29*(4), 223-236.
10. Swanberg, J. E., & **Simmons, L. A.*** (2008). Quality jobs in the new millennium: Incorporating flexible work options as a strategy to assist working families. *Social Service Review, 82*(1), 119-147. *Co-authors providing equal contribution to the manuscript.
11. **Simmons, L. A.**, Braun, B., Charnigo, R. C., Havens, J. R. & Wright, D. W. (2008). Depression and poverty among rural women: A relationship of social causation or social selection? *Journal of Rural Health, 24*(3), 292-298.
12. **Simmons, L. A.**, Anderson, E. A., & Braun, B. (2008). Health needs and health care utilization among rural, low-income women. *Women & Health, 47*(4), 53-69.
13. Havens, J. R., **Simmons, L. A.**, Shannon, L. & Hansen, W. F. (2009). Factors associated with drug use during pregnancy: Results from a national sample. *Drug and Alcohol Dependence, 99*(1-3), 89-95.
14. Huddleston-Casas, C. A., Charnigo, R., & **Simmons, L. A.*** (2009). Food insecurity and maternal depression in rural, low-income families: A longitudinal investigation. *Public Health Nutrition, 12*(8), 1133-1140.
15. **Simmons, L. A.**, & Swanberg, J. E. (2009). Psychosocial work environment and depressive symptoms among U.S. workers: Comparing working poor and working non-poor. *Social Psychiatry and Psychiatric Epidemiology, 44*(8), 628-635.

16. **Simmons, L. A.**, Havens, J. R., Whiting, J. B., Holz, J. L. & Bada, H. (2009). Illicit drug use among women with children in the United States: 2002-2003. *Annals of Epidemiology*, 19(3), 187-193.
17. Whiting, J. B., **Simmons, L. A.**, Havens, J. R., Smith, D. B., & Oka, M. (2009). Intergenerational transmission of violence: The influence of self-appraisals, mental disorders, and substance abuse. *Journal of Family Violence*, 24, 639-648.
18. Bryan, E. A. & **Simmons, L. A.** (2009). Family involvement: Impacts on postsecondary educational success for first-generation Appalachian college students. *Journal of College Student Development*, 50(4): 391-406.
19. Dinan, M., **Simmons, L. A.**, & Snyderman, R. (2010). Commentary: Personalized health planning and the Patient Protection and Affordable Care Act: An opportunity for academic medicine to lead health care reform. *Academic Medicine*, 85(11), 1665-1668.
20. Carlton, E. L. & **Simmons, L. A.*** (2011). Health decision-making among rural women: Physician access and prescription adherence. *Rural & Remote Health* 11(1): 1599.
21. **Simmons, L. A.**, Dinan, M., Robinson, T. J., & Snyderman, R. (2012). Personalized medicine is more than genomic medicine: Confusion over terminology impedes progress towards personalized health care. *Personalized Medicine*, 9(1), 85-91.
22. **Simmons, L. A.**, Huddleston-Casas, C. A., Morgan, K. & Feldman, D. F. (2012) Mixed methods study of management of health conditions in rural low-income families: Implications for health care policy. *Rural & Remote Health* 12(2):1879.
23. Burnette, R., **Simmons, L. A.**, Snyderman, R. (2012) Personalized health care as a pathway for the adoption of genomic medicine. *Journal of Personalized Medicine*, 2, 232-240.
24. Perlman, A. I., Lontok, O., Huhmann, M., Parrott, J. S., **Simmons, L. A.**, Patrick-Miller, L. (2013). Prevalence and correlates of post-diagnosis initiation of complementary and alternative medicine among patients at a comprehensive cancer center. *Journal of Oncology Practice*, 9(1), 34.
25. Yang, N. Y., Ginsburg, G., & **Simmons, L. A.*** (2013) Personalized medicine in women's obesity prevention and treatment: Implications for research, policy, and practice. *Obesity Reviews*, 14(2), 145-161.
26. Smith, L. L. Lake, N. H., **Simmons, L. A.**, Perlman, A. I., Wroth, S., Wolever, R. Q. (2013) Integrative health coach training: A model for shifting the paradigm towards patient-centricity and meeting new national prevention goals. *Global Advances in Health and Medicine*, 2(3), 66-74.
27. Perlman, A. I., Lebow, D. G., Ali, A., Raphael, K., **Simmons, L. A.** (2013) A point-of-sale communications campaign to provide consumers safety information on drug-dietary supplement interactions: A pilot study. *Health Communication*, 28(7), 729-39.

28. **Simmons, L. A.**, & Wolever, R. Q. (2013) Integrative health coaching and motivational interviewing: Synergistic approaches to behavior change in healthcare. *Global Advances in Health and Medicine*, 2(4), 28-35.
29. Yang, N. Y., Wroth, S., Parham, C., Strait, M. & **Simmons, L. A.*** (2013). Personalized health planning with integrative health coaching to reduce obesity risk among women gaining excess weight during pregnancy. *Global Advances in Health and Medicine*, 2(4), 72-77.
30. Wolever, R. Q., **Simmons, L. A.**, Sforzo, G. A., Dill, D., Kaye, M., Bechard, E. M., Southard, M. E., Kennedy, M., Vosloo, J., & Yang, N. (2013). A systematic review of the literature on health and wellness coaching through 2012: Defining a key behavioral intervention in health care. *Global Advances in Health and Medicine*, 2(4), 38-57.
31. **Simmons, L. A.**, Wolever, R. Q., Bechard, E. M., & Snyderman, R. (2014). Patient engagement as a risk factor in personalized health care: A systematic review of the literature on chronic disease. *Genome Medicine*, 6, 16.
32. Bice-Wigington, T., **Simmons, L. A.** & Huddleston-Casas, C. (2014). An ecological perspective on rural, low-income mothers' health. *Social Work in Public Health*, 30(2), 129-143.
33. **Simmons, L. A.**, Qu, Q., Yang, N., Bush, H. M., Crofford, L. J. (2015). Sources of health information among rural women in Western Kentucky. *Public Health Nursing*, 32(1), 3-14.
34. Katsanis, S. H., Minear, M. A., Vorderstrasse, A., Yang, N. Y., Reeves, J. W., Rakhra-Burris, T., Cook-Deegan, R., Ginsburg, G. S., & **Simmons, L. A.*** (2015). Perspectives on genetic and genomic technologies in an academic medical center: The Duke experience. *Journal of Personalized Medicine*, 5(2), 67-82.
35. Vorderstrasse, A, Katsanis, S. H., Minear, M.A., Yang, N. Y., Rakhra-Burris, T., Reeves, J. W., Cook-Deegan, R., Ginsburg, G. S., & **Simmons, L. A.*** (2015). Perceptions of personalized medicine in research in clinical care in an academic health system: Educational findings and implications. *Journal of Contemporary Medical Education*, 3(1), 14-19.
36. Williams, H., **Simmons, L. A.**, & Tanabe, P. (2015). Mindfulness-based stress reduction in advanced nursing practice: A non-pharmacologic approach to health promotion, chronic disease management, and symptom control. *Journal of Holistic Nursing*, 33(3), 247-259.
37. Collins, D., Shamblen, S. R., Atwood, K. A., Rychener, D. L., Scarbrough, W. H., Abadi, M. H., & **Simmons, L. A.*** (2015). Evaluation of a health coaching course for providers and staff in Veterans Health Affairs medical facilities. *Journal of Primary Care & Community Health*, 6(4), 250-255.
38. Dardas, L. A., & **Simmons, L. A.*** (2015). The stigma of mental illness in Arab families: A concept analysis. *Journal of Psychiatric and Mental Health Nursing*, 22(9), 668-679.

39. **Simmons, L. A.**, Yang, N. Y., Wu, Q., Bush, H. M., & Crofford, L. J. (2015). Public and personal depression stigma in a rural American female sample. *Archives of Psychiatric Nursing*, 29(6), 407-12.
40. **Simmons, L. A.**, Drake, C. D., Gaudet, T. & Snyderman, R. (2016). Personalized health planning in Veterans Health Administration primary care settings. *Federal Practitioner*, 33(1), 27-34.
41. Dardas, L. A., Bailey, D. E., & **Simmons, L.A.*** (2016). Adolescent depression in Arab countries: A systematic literature review. *Issues in Mental Health Nursing*, 37, 569-585.
42. Noonan, D., Dardas, L. A., Bice-Wigington, T., Huddleston-Casas, C. A., Sloan, R., & **Simmons, L. A.*** (2016). Understanding multiple behavioral risk factors for cancer in rural women. *Public Health Nursing*, 33(6), 519-528.
43. Seldon, L. E., McDonough, K., Turner, B., & **Simmons, L. A.*** (2016). Evaluation of a hospital-based pneumonia nurse navigator program. *Journal of Nursing Administration*, 46(12), 654-661.
44. Dardas, L. A., Silva, S., Noonan, D., & **Simmons, L. A.*** (2016). A pilot study of depression, stigma, and attitudes toward seeking professional psychological help among Arab adolescents. *International Journal of Adolescent Medicine and Health*, 30(4), 20160070, DOI: <https://doi.org/10.1515/ijamh-2016-0070>.
45. Yang, N. Y., Wolever, R., Roberts, R., Perlman, A., Dolor, R., Abrams, D., Ginsburg, G., & **Simmons, L. A.*** (2017). Integrative health care services utilization as a function of body mass index: A BraveNet Practice Based Research Network Study. *Advances in Integrative Medicine*, 4(1), 14-21
46. Dardas, L. A., Silva, S., Smoski, M., Noonan, D., & **Simmons, L. A.*** (2017). Personal and perceived depression stigma among Jordanian adolescents: Associations with depression severity and personal characteristics. *Archives of Psychiatric Nursing*, 31(15), 499-506.
47. Williams, H., Silva, S., **Simmons, L. A.**, & Tanabe, P. (2017). A telephonic mindfulness-based intervention for persons with sickle cell disease: Study protocol for a randomized controlled trial. *Trials*, 18, 218.
48. Bolton, J. L., Wiley, M. G., Ryan, B., Truong, S., Strait, M., Baker, D. C., Yang, N. Y., Ilkayeva, O., O'Connell, T. M., Wroth, S. W., Sánchez, C. L., Swamy, G., Newgard, C., Kuhn, C., Bilbo, S. D., **Simmons, L. A.*** (2017). Perinatal Western-type diet and associated gestational weight gain alter postpartum maternal mood. *Brain & Behavior*, 7:e00828.
49. Dardas, L. A., Silva, S., Smoski, M., Noonan, D., & **Simmons, L. A.*** (2018). The prevalence of depression symptoms among Arab adolescents: Findings from Jordan. *Public Health Nursing*, 35(2), 100-108.
50. Collins, D. A., Thompson, K., Atwood, K. A., Abadi, M. H., Rychener, D. L., **Simmons, L. A.*** (2018). Integration of health coaching concepts and skills into clinical practice among VA providers: A qualitative study. *Global Advances in Health and Medicine*,

7,2164957X18757463.

51. Dardas, L. A., van de Water, B. & Simmons, L. A.* (2018). Parental involvement in adolescent depression interventions: A systematic review. *International Journal of Mental Health Nursing*, 27(2), 555-570.
52. Dardas, L. A., Silva, S., Smoski, M., Noonan, D., & Simmons, L. A.* (2018). Adolescent depression in Jordan: Symptoms profile, gender differences, and the role of social context. *Journal of Psychosocial Nursing*, 56(2): 44-55.
53. Noonan, D., Silva, S., Njuru, J., Bishop, T., Fish, L. J., **Simmons, L. A.**, Choi, S. H., Pollack, K. I. (2018). Feasibility of a text-based smoking cessation intervention in rural older adults. *Health Education Research*, 33(1), 81-88.
54. Dardas, L. A., Silva, S. Noonan, D., & Simmons, L. A.* (2018). Studying depression among Arab adolescents: Methodological considerations, challenges, and lessons learned from Jordan. *Stigma and Health*, 3(4), 296-304.
55. Dardas, L. A., Silva, S. G., Scott, J., Gondwe, K. W., Smoski, M. J., Noonan, D., & Simmons, L. A.* (2018). Do beliefs about depression etiologies influence the type and severity of depression stigma? The case of Arab Adolescents. *Perspectives in Psychiatric Care*, 54(4), 547-556.
56. Dardas, L. A., Sawair, F. A., Nabolsi, M., & Simmons, L. A.* (2018). Nursing research in the Arab region: A bibliometric analysis. *International Journal of Nursing Practice*, 25(3), e12716.
57. Lewinski, A., & Simmons, L. A.* (2018). Nurse knowledge and engagement in health policymaking: Findings from a pilot study. *The Journal of Continuing Education in Nursing*, 49(9), 407-415.
58. **Simmons, L. A., Williams. H., Silva, S., Keefe, F., Tanabe, P.** (2019). Acceptability and feasibility of a mindfulness-based intervention for pain catastrophizing among persons with sickle cell disease. *Pain Management Nursing*, 20(3), 261-269.
59. Dardas, L. A., Silva, S. G., van de Water, B. Vance, A., Smoski, M. J., Noonan, D., & Simmons, L. A.* (2019). Psychosocial correlates of Jordanian adolescents' help-seeking intentions for depression: A nationally representative school survey. *Journal of School Nursing*, 35(2), 117-127.
60. Dardas, L. A., Shoqirat, N., Abu-Hassan, H., Shanti, B. F., Al-Khayat, A., Allen, D. H., & Simmons, L. A.* (2019). Depression in Arab adolescents: A qualitative study. *Journal of Psychosocial Nursing and Mental Health Services*, 57(10), 34-43.
61. Dardas, L.A., Shoqirat, N., Xu, H., Al-Khayat, A., Bani Alta, S., Shawashreh, A., & Simmons, L. A.* (2019). Comparison of the performance of the Beck Depression Inventory-II and the Center for Epidemiologic Studies-Depression Scale in Arab adolescents. *Public Health Nursing*, 36(4): 564-574.

62. Landgraf, A., Edie, A. H., Shaw, E. T., **Simmons, L. A.*** (2019). Incorporating adolescent sexual and reproductive health in pediatric primary care. *The Journal for Nurse Practitioners*, 15(4), e73-e75.
63. Scott, J., Dardas, L. A., Sloan, R., Wigington, T., Noonan, D., & **Simmons, L. A.*** (2020). Understanding social determinants of cardiometabolic disease risk in rural women. *Journal of Community Health*, 45(1), 1-9.
64. Noonan, D., Lyna, P., **Simmons, L. A.**, Gordon, K. C., Pollak, K. I. (2020). Risk factors for the co-occurrence of daily smoking, binge drinking and intimate partner violence among Latino expectant fathers. *Journal of Immigrant and Minority Health*, 22(3), 639-643.
65. Noonan, D., Silva, S., Fish, L. J., Peter, K., Conley, C., **Simmons, L. A.**, Stevenson, H., Pollack, K. (2020). Feasibility of a text-based reduction intervention in helping rural and underserved smokeless tobacco users quit. *Addictive Behaviors*, Sep;108:106434.
66. Scott, J., Silva, S., **Simmons, L. A.*** (2020). Social adversity, sleep characteristics, and elevated blood pressure among young adult Black females. *Health Equity*, 4(1), DOI: 10.1089/heq.2020.0033.
67. Scott, J., Cousin, L., Woo, J., Gonzalez-Guarda, R., & **Simmons, L. A.*** (2020 – online ahead of print). Equity in genomics: A brief report on cardiovascular health disparities in African American adults. *Journal of Cardiovascular Nursing*, doi: 10.1097/JCN.0000000000000725.
68. Noonan, D., & **Simmons, L. A.** (2021). Navigating nonessential research trials during COVID19: The push we needed for using digital technology to increase access for rural participants? *Journal of Rural Health*, 37, 185-187.
69. Scott, J., McMillian-Bohler, J., Johnson, R., & **Simmons, L. A.*** (2021 – online ahead of print). Adverse childhood experiences and blood pressure in females in the U.S.: A systematic review. *Journal of Midwifery & Women's Health*, Feb 11, doi: 10.1111/jmwh.13213.
70. Lee, S., Wickrama, K., Futris, T. G., & **Simmons, L. A.**, Mancini, J. A., & Lorenz, F. O. (2021 – online ahead of print). Biopsychosocial associations between marital hostility and physical health of middle-aged couples. *Journal of Family Psychology*, Mar 4, doi: 10.1037/fam0000827.
71. Whipps, M. D., Phipps, J. E., & **Simmons, L. A.** (2021). Perinatal healthcare access, childbirth concerns, and birthing decision-making among pregnant people in California during COVID-19. *BMC Pregnancy & Childbirth*; 21(1): 477. doi: 10.1186/s12884-021-03942-y

PAPERS IN PROGRESS

1. **Simmons, L. A.**, Phipps, J. E., Noonan, D., Overstreet, C., Liu, S., Bechard, E., Walker, C. (under review). Goals for Reaching Optimal Wellness (*GROWell*): A clinical trial protocol of

a digital dietary intervention for pregnant and postpartum women with prenatal overweight or obesity. *Contemporary Clinical Trials*.

2. Scott, J., Silva, S., Gonzalez-Guarda, R. M., Bennett, G. G., Merwin, E., & **Simmons, L. A.** (under review). Applying critical race praxis to examine the relationship between latent classes of structural adversity and ideal cardiovascular health among young adult Black women. *Ethnicity and Health*.
3. Scott, J., Silva, S., Gonzalez-Guarda, R. M., Bennett, G. G., Merwin, E., & **Simmons, L. A.** (revise & resubmit). Adverse childhood experiences and cardiovascular health: An exploration of positive social determinants among young adult Black women. *Research in Nursing & Health*.
4. Whipps, M. D., Phipps, J. E., & **Simmons, L. A.** (under review). Measuring evidence-based COVID-19 mitigation behaviors in pregnant populations: Development and validation of a short, single-factor scale. *Disaster Medicine and Public Health Preparedness*.
5. Phipps, J. E., Whipps, M. D., D'Souza, I., Lee, K., & **Simmons, L. A.** (under review). Pregnant in a pandemic: Mental well-being and associated health behaviors among California pregnant people during COVID-19. Planned submission to *Maternal Child Health Journal*
6. **Simmons, L. A.** Whipps, M. D. M., Phipps, J. E., & Swamy, G. (under review). Understanding COVID-19 vaccine update during pregnancy: "Hesitance," Knowledge, and Evidence-based Decision-making. *Vaccine*.

NON-REFEREED PUBLICATIONS

1. **Simmons-Wescott, L. A.** & Braun, B. (2004). Depression: A deterrent to psychological well-being among poor, rural mothers. *National Council on Family Relations Report*, F5-F7.
2. **Simmons, L. A.** (2006). Health: An essential resource for rural, low-income mothers' economic self-sufficiency. Rural Families Speak Project Policy Brief.
<http://www.cehd.umn.edu/FSoS/projects/ruralspeak/pdf/march-health-policy-brief.pdf>
3. **Simmons, L. A.** (2006). Health: Essential to rural, low-income mothers' economic well-being. Rural Families Speak Project Fact Sheet.
<http://www.cehd.umn.edu/FSoS/projects/ruralspeak/pdf/march-health-fact-sheet.pdf>
5. **Simmons, L. A.** & Swanberg, J. E. (2007). Job quality and self-rated health among the working poor. *Insights on Southern Poverty*, 5(1), 6-7.
6. **Simmons, L. A.**, Edwards, E. J., & Crofford, L. J. (2008). Blue to You: Depression in children and adolescents. Facilitator's guide. Lexington, KY: University of Kentucky Family & Consumer Sciences Extension.
7. **Simmons, L. A.**, Edwards, E. J., & Crofford, L. J. (2008). Blue to You: Depression in women. Facilitator's guide. Lexington, KY: University of Kentucky Family & Consumer Sciences Extension.

8. **Simmons, L. A., Edwards, E. J., & Crofford, L. J.** (2008). *Blue to You: Postpartum depression. Facilitator's guide.* Lexington, KY: University of Kentucky Family & Consumer Sciences Extension.
9. **Simmons, L. A., Edwards, E. J., & Crofford, L. J.** (2008). *Blue to You: Depression in men. Facilitator's guide.* Lexington, KY: University of Kentucky Family & Consumer Sciences Extension.
10. **Simmons, L. A., Edwards, E. J., & Crofford, L. J.** (2008). *Blue to You: Depression in older adults. Facilitator's guide.* Lexington, KY: University of Kentucky Family & Consumer Sciences Extension.
11. Berchuck, A., Ginsburg, G., & **Simmons, L. A.** (2013). *Personalized medicine: What it means and will mean for the obstetrician/gynecologist.* ACOG Update (audio and print). Port Washington, NY.
12. **Simmons, L. A.,** Abadi, M. H., Drake, C. D., Rychener, D., Mason, A. et al. (2014). *The Whole Health Group Based Pilot: A peer-led educational program for holistic self-management of health: A white paper.* PIRE: Louisville, KY.
13. **Simmons, L. A.,** Drake, C. D., & Snyderman, R. (2014). *Whole health in primary care: Personalized health planning and patient centered care in a clinical setting: A white paper.* PIRE: Louisville, KY.
14. Collins, D., Atwood, K., Scarbrough, W., Shamblen, S. & **Simmons, L. A.*** (2014). *Veterans Health Administration Whole health: Health coaching: Final evaluation report.* PIRE: Louisville, KY.
15. **Simmons, L. A.,** Drake, C. D., & Rychener, D. (2014). *Veterans Health Administration Whole Health Group-based Program facilitator's manual.* PIRE: Louisville, KY.
16. **Simmons, L. A.,** Drake, C. D., & Rychener, D. (2014). *Veterans Health Administration Whole Health Group-based Program facilitator training guide.* PIRE: Louisville, KY.
17. Rychener, D. & **Simmons, L. A.** (2014). *Veterans Health Administration Whole Health Coaching training curriculum (content with PowerPoints).* PIRE: Louisville, KY.
18. Abadi, M., **Simmons, L. A.+,** Shamblen, S., Thompson, K., Scarbrough, W., Drake C. D. (2014). *Evaluating the VHA Whole Health Group-based Program: A national pilot study: Final evaluation report for facilitator outcomes.* PIRE: Louisville, KY. +Equal contribution.
19. Abadi, M., **Simmons, L. A.+,** Shamblen, S., Thompson, K., Scarbrough, W., Drake C. D. (2014). *Evaluating the VHA Whole Health Group-based Program: A national pilot study: Final evaluation report for participant outcomes.* PIRE: Louisville, KY. +Equal contribution.

BOOK CHAPTERS

1. **Simmons, L. A.** (2011). *Integrative medicine and health care settings.* In Craft-Rosenberg, M. J. & Pehler, S. (Eds.), *Encyclopedia of Family Health, Vol. 2* (pp. 669-671). Thousand Oaks, CA: Sage Publications, Inc.

2. **Simmons, L. A.**, King, S. & Frush, K. (2014). Engaging patients and families. In K. Frush and S. Krug, *Pediatric patient safety and quality improvement*. New York: McGraw Hill.
3. **Simmons, L. A.** & Noonan, D. (2016). Self-management. In J. Giddens, *Concepts of Nursing Practice, 2nd Ed.* Philadelphia: Elsevier.
4. **Simmons, L. A.** & Noonan, D. (2019). Self-management. In J. Giddens, *Concepts of Nursing Practice, 3rd Ed.* Philadelphia: Elsevier.

SELECTED PEER-REVIEWED ABSTRACTS

1. Dyk, P. H., Braun, B., & **Simmons-Wescott, L. A.** (2004). Low-income rural women's well-being: The case for customizing policy. *Conference proceedings of the 67th annual meeting of the Rural Sociological Society*. Available at: <http://www.ruralsociology.org/annual-meeting/2004/Dyk.etal.pdf>
2. **Simmons, L. A.**, & Swanberg, J. E. (2005). The working poor blues: Work, depression, and labor force attachment among working poor parents (Abstract). In W. Ostasewicz (Ed.) *Towards quality of life improvement: Proceedings of the third international conference: Research statistics #43* (pp. 233-237). Wroclaw, Poland: Wroclaw University of Economics, Department of Statistics
3. **Simmons, L. A.**, Dolan, E. M., & Braun, B. (2006). The state of rural women's economic and health status: KY, MD, & NH (Abstract). *Conference proceedings of the biannual meeting of EFERMA* (pp. 47-49). Knoxville, TN: Eastern Family Economics and Resource Management Association.
4. Yang, N., Wolever, R., Roberts, R., Perlman, A., Dolor, R., Ginsburg, G., **Simmons, L. A.** (2012). Integrative health care services as a function of body mass index. *BMC Complementary and Alternative Medicine*, 12(S1), P244.
5. Noonan, D., Bice-Wigington, T., Huddleston-Casas, R., Sloane, R., & **Simmons, L. A.** (2014). *Annals of Behavioral Medicine*, 47, S222-S222.
6. Bolton, J. L., **Simmons, L. A.**, Wiley, M., Ryan, B., Truong, S., Bilbo, S. D. (2014). Developmental programming of body weight, microglial development, and behavior by high-fat and BCAA-supplemented diets. *Brain, Behavior, and Immunity*, 40(supplement), e16.
7. Stein, K. F., Jacobson, L., **Simmons, L. A.**, & Hayman, L. L. (2017). Methodological challenges in studies with stigmatized populations of women. *Annals of Behavioral Medicine*, 51, S419-S420.
8. Winkler, M., Docherty, S., Bennett, G. G., **Simmons, L. A.**, & Brandon, D. (2017). Household social contributors to everyday dietary behavior among Black American Adolescent Females. *Annals of Behavioral Medicine*, 51, S2547-S2548.

9. **Simmons, L. A.**, Noonan, D., Bice-Wigington, T., Scott, J., & Sloane, R. (2017). Risk of obesity-associated diseases by BMI and waist circumference among childbearing rural women. *Annals of Behavioral Medicine*, *51*, S257-S258.
10. Muhirwa, A., Onsomu, E. O., Noonan, D., & **Simmons, L. A.** (2018). Comorbid obesity and depression as cardiovascular risk and access to care among rural women. *Annals of Behavioral Medicine*, *52*, S27-S27.
11. Scott, J., Silva, S., & **Simmons, L. A.** (2019) Abstract MP51: Sleep characteristics and adverse social exposures elevate blood pressure in young black females. *Circulation*, *139*(Suppl_1), AMP51-AMP51.
12. Scott, J., Silva, S., & **Simmons, L. A.** (2020). Social networks are associated with ideal cardiovascular health in young Black females: A latent class analysis. *Circulation*, *141*(suppl_1), A06-A06.
13. **Simmons, L. A.**, Scott, J., Laufer, B., & Schmidt, R. (2020). Preventing tomorrow's disparities today: Addressing early life risks to promote health across the lifespan. *Annals of Behavioral Medicine*, *54*, S413-S413.
14. Scott, J., Silva, S., & **Simmons, L. A.** (2020). Perceived discrimination, parental relationships, and hypertension in young Black females. *Annals of Behavioral Medicine*, *54*, S413-S413.
15. Phipps, J. E., Wilson, M. D., Ebong, I. A., Hedrinana, H. L., & **Simmons, L. A.** (2021). Abstract P170: Cardiovascular-related pregnancy complications: Associations with health behaviors and mental health during the COVID-19 pandemic. *Circulation*, *143*(Suppl_1), AP170-AP170.

EDITORIALS

1. **Simmons, L. A.** (2013, February 17). When science should be the arbiter of moral conflict. The Broad Side. Available at: <http://www.the-broad-side.com/when-science-should-be-the-arbiter-of-moral-conflict>
2. **Simmons, L. A.** (2005). Poverty is everyone's business (guest column). *Business Lexington*, *1*(15): 19.
3. **Simmons, L. A.** (2013, April 12). Mitch McConnell on Ashley Judd's mental health: Not so "kick ass," Kentucky. The Broad Side. Available at: <http://www.the-broad-side.com/mitch-mcconnell-on-ashley-judds-mental-health-not-so-kick-ass-kentucky>
4. **Simmons, L. A.** & Berman, S. (2013, November 25). Taking a more personalized approach to the obesity epidemic. Expert interview. Medscape. <http://www.medscape.com/viewarticle/814710>

INVITED PRESENTATIONS

1. Transitions in the lives of low-income families. National Council on Family Relations Annual Conference, Orlando, FL. November 2004
2. Rural mothers' physical and mental health. Breeze Live webcast presentation. University of Minnesota. Minneapolis, MN. March 2006
3. Health: An essential resource for rural, low-income mothers' economic_self-sufficiency. Breeze Life Webcast. University of Minnesota. Minneapolis, MN. March 2006
4. Health needs and health care access among rural women: Trends and developments. University of Windsor Department of Psychology Colloquium. Windsor, Ontario, Canada. October 2006
5. Postpartum weight retention in rural Kentucky women. University of Kentucky Clinical and Translational Research Conference, Lexington, KY. March 2007
6. *Keynote*: Patient engagement: Is it a reality? 12th Annual Education Conference of the North Carolina Alliance for Healthy Communities. Cary, NC. October 2012
7. Listening to the heart: Lifestyle Changes. American Heart Association "Ask the Experts" panel on "Heart Tones/Brain Waves: The Mind/Body Connection." Dallas, TX. November 2013
8. Personalized health planning: Pilots. North Texas Veterans Health Center. Bonham, TX. March 2014
9. Whole health approaches and patient-centered care: Webinar. North Texas Veterans Health Center. Bonham, TX. June 2014
10. Personalized health planning: Pilots. Boston Veterans Administration Health Center. Boston, MA. April 2014
11. From bench to clinic to community: Addressing maternal disparities in depression and obesity. University of Maryland School of Public Health. College Park, MD. March 2016
12. Beyond the Genome: Advancing precision medicine through personalized health behavior change interventions. American Academy of Health Behavior, Tucson, AZ. March 2017
13. Addressing prenatal health disparities in the era of COVID: Navigating nonessential trials to promote health equity. UC Davis COVID-19 Townhall. Online. July 2020
14. Pregnant in a pandemic: a snapshot of health and healthcare decision making in California. UC Davis COVID-19 Townhall. Online. December 2020

NATIONAL AND INTERNATIONAL PEER-REVIEWED PRESENTATIONS
(excludes published abstracts above)

1. An exploration of the experiences of depression and the mental health care system for women receiving Temporary Assistance to Needy Families (roundtable). Annual Meeting of the National Council on Family Relations, Houston, TX. November 2003
2. Influences on rural women's well-being: A case for customizing policy (oral). Annual meeting of the National Council on Family Relations, Vancouver, BC. November 2003
3. Low-income rural women's well-being: The case for customizing policy (oral). The 67th annual meeting of the Rural Sociological Society, Sacramento, CA. November 2003
4. Rural families: The "case for place" in considering long-term economic well-being (oral). The 8th Annual Welfare Research and Evaluation Conference, Administration for Children and Families, Office of Planning and Research Evaluation. Crystal City, VA. August 2004
5. Food insecurity and health in low-resource families (poster). National Priester Health Conference, Louisville, KY. April 2006
6. Family resiliency during childhood cancer: A father's perspective (poster). National Priester Health Conference, Louisville, KY.[#] April 2006
7. Mobility in seemingly immobile systems: Applying a systems approach to public policy intervention (oral). American Association of Family and Consumer Sciences, Charlotte, NC. June 2006
8. The prevalence and correlates of drug use during pregnancy: Results from a national sample (poster). The College on Problems of Drug Dependence. Scottsdale, AZ. June 2006
9. Transmission of violence: Personal factors as mediators (poster). American Association of Marriage and Family Therapy, Austin, TX. October 2006
10. Low-income rural women experiencing depressive symptoms: Characteristics associated with self-reporting (oral). American Public Health Association, Boston, MA. November 2006
11. Unmet health care needs among rural, low-income women (poster). Charting New Frontiers in Women's Health. Department of Health and Human Services Office of Women's Health, Washington, DC. August 2007
12. Health needs and health care utilization among rural, low-income women (oral). American Public Health Association. Washington, DC. November 2007

13. Factors associated with illicit drug use among women with children in a national sample (poster). American Public Health Association, Washington, DC. November 2007
14. Characterizing opioid analgesic injectors: Results from a national Sample (oral). College on Problems of Drug Dependence, San Juan, Puerto Rico. June 2008
15. Household food insecurity and maternal depression in rural families (oral). American Public Health Association. San Diego, CA. October 2008
16. Rural women's unmet health care needs: Findings from a low-income sample (oral). American Public Health Association. San Diego, CA. October 2008
17. Ecological examination of low-income rural women's self-reported depression (oral). National Council on Family Relations. Little Rock, AR. November 2008
18. Maternal depression, food insecurity and child health problems in rural low-income families (oral, symposium). Society for Research on Child Development. Denver, CO. April 2009
19. Personalized health planning: A roadmap for primary care in rural communities (oral). American Public Health Association. Denver, CO. November 2010
20. Is coverage enough? The health care experiences of rural, low-income women (oral). American Public Health Association. Denver, CO. November 2010
21. Integrative health coaching: The accumulating research at Duke IM. International Research Congress of Integrative Medicine and Health (oral). Portland, OR. May 2012
22. Integrative health services utilization as a function of body mass index. International Research Congress of Integrative Medicine and Health (poster). Portland, OR. May 2012
23. Leveraging DNP students' professional expertise for effective policy advocacy: The Duke experience (poster). RWJF Integrating Health Policy into Doctoral Nursing Programs. Naples, FL. January 2014
24. Multiple behavioral risk for chronic disease in rural women (poster). Society of Behavioral Medicine. Philadelphia, PA. April 2014
25. Developmental programming of body weight, microglial development, and behavior by high-fat and BCAA-supplemented diets (poster). 21st Annual Psychoneuroimmunology Research Society Meeting. Philadelphia, PA. May 2104

26. Developmental programming of body weight, neuroinflammation, and behavior by Western Diets (oral – media presentation). 44th Annual Society for Neuroscience Meeting. Washington, DC. November 2014
27. Western diets during gestation and lactation: A novel model for postpartum depression and developmental programming? (oral – media presentation) Shaping the Developmental Brain: Prenatal through Early Childhood. New York, NY. November 2014
28. American rural women’s risk for preventable chronic disease: Demographic and health correlates (poster). Southern Nursing Research Society. Tampa, FL. February 2015
29. The influence of Western dietary intake on postpartum depression: A novel model (rapid communications poster). Society of Behavioral Medicine. San Antonio, TX. April 2015
30. Western diets during gestation and lactation: A novel model for postpartum depression and sex-specific developmental programming? (oral) Organization for the Study of Sex Differences. Palo Alto, CA. April 2015
31. Assessing the health policy milieu: A survey of nurse knowledge and engagement. Building Health Policy Competency in Graduate Nursing Programs (poster). Naples, FL. January 2016
32. Preventing postpartum weight retention among at-risk women: Coaching during new motherhood (oral). In symposium: From the exam room to the delivery room: Maternal health in an integrated behavioral health setting. (symposium) Society of Behavioral Medicine. Washington, DC. April 2016
33. Optimizing population health: Empowering nurses to advocate for innovative strategies and policies to address the social determinants of health (poster). Council for the Advancement of Nursing Science. Washington, DC. September 2016
34. The stigma of depression and attitudes toward seeking professional help among Arab adolescents: Lessons from a pilot investigation (poster). Council for the Advancement of Nursing Science. Washington, DC. September 2016
35. Depression rates and risk factors among rural American women: A synthesis of findings from two samples (oral) in: Social determinants of mental health disparities among rural residents. Council for the Advancement of Nursing Science. Washington, DC. September 2016
36. Health literacy among rural women with chronic disease in the United States (oral). Southern Nursing Research Society. Dallas, TX. February 2017

37. Addressing tobacco use disparities in rural older adults through a mobile phone intervention: Project Wise (poster). Society for Nicotine & Tobacco Research. Florence, Italy. March 2017
38. Behavioral weight management trials during pregnancy and postpartum among women with BMI \geq 25: The role of weight bias (oral). Society for Behavioral Medicine. San Diego, CA. April 2017
39. Print and comprehension health literacy among childbearing rural women with cardiometabolic disease risk (poster). Health Disparities Education Awareness Research and Training Consortium Annual Meeting. Houston, TX. June 2017
40. Association between comorbid obesity and depression and access to care among rural women: Does race/ethnicity matter? (poster) Southern Nursing Research Society. Atlanta, GA. March 2018
41. Comorbid obesity and depression as cardiovascular risk and access to care among rural women (poster). Society for Behavioral Medicine Annual Meeting. New Orleans, LA. April 2018
42. Behavioral phenotypes of hypertension in Black females (oral). Council for the Advancement of Nursing Science. Washington, DC. September 2018
43. Behavior risk, adverse social exposures, and elevated blood pressure in young Black females (poster) American Academy of Health Behavior Annual Conference, Greenville, SC. March 2019
44. The association of place on multiple lifestyle risk factors in rural women: Smoking, overweight/obesity and physical activity (poster), American Academy of Health Behavior Annual Conference, Greenville, SC. March 2019
45. Sleep characteristics and adverse social exposures elevate blood pressure in young Black females (poster) American Heart Association Epidemiology & Lifestyle Conference, Philadelphia, PA. **Ranked in top 10% of Abstracts at AHA's Specialty Conferences.* March 2019 & invited moderated poster November 2019
46. Social networks are associated with ideal cardiovascular health in young Black females: A latent class analysis (oral). American Heart Association Epidemiology & Lifestyle Conference, Phoenix, AZ. **J. Scott awarded the Trudy Bush Fellowships for Cardiovascular Disease Research in Women's Health Award.* March 2020
47. Health behaviors among young adult Black women associate with profiles of social adversity: Implications for health behavior interventions. American Academy of Health Behavior Annual Conference, Napa, CA (Cancelled due to COVID) March 2020

48. Participants as Partners: TEDx. American Academy of Health Behavior Annual Conference, NAPA, CA (Cancelled due to COVID) March 2020
49. Engaged research to address gaps, build trust, and promote health equity in the COVID era. Academy Health, National Health Policy Conference Data Palooza, Online Conference. February 2021
50. Pregnant in the 2020 pandemic: When providing health information, the messenger matters for changing behaviors. American Academy of Health Behavior, Online Conference. March 2021

GRANTS AND CONTRACTS

CURRENT

ACEs Aware Network of Care Simmons (PI) 02/01/21-06/30/22
Aurrera Health Group

Trauma-Informed Network of Care Implementation in Yolo County, CA: A Community-Academic Partnership to Build Resilience

Academic-community partnership to build and strengthen buffering health and social support systems in Yolo County to address Adverse Childhood Experiences (ACEs) and toxic stress.

Role: PI

Amount Awarded: \$2,981,427

1 R01 NR017659-01-A1 Simmons (PI) 09/26/19-06/30/24
NIH/National Institute of Nursing Research

Goals for Reaching Optimal Wellness (*GROWell*)

Randomized controlled trial to test the efficacy of a mobile application for reducing excess gestational weight gain and postpartum weight retention among overweight and obese women.

Role: PI

Amount awarded: \$2,206,423

IMPACT AWARD Simmons, LaSalle (MPI) 09/01/19-08/31/22
UC Davis Office of Research

Perinatal Origins of Disparities (POD) Center

One of 4 funded interdisciplinary center grants to develop the initial infrastructure for a long-term center at UC Davis focused on eliminating health disparities where they begin – prenatally and early in life.

Role: PI (with J. LaSalle)

Amount awarded: \$1,000,000

1 R01 CA242593-01 Noonan, Devon (PI) 09/01/19-08/31/24
NIH/National Cancer Institute

A Text-Based Scheduled Reduction Intervention for Smokeless Tobacco Cessation

Behavioral intervention that uses text messaging to promote cessation of smokeless tobacco use.

Role: Co-Investigator

Amount awarded: \$1,841,440

PAST

No Number Phipps, Jennifer (PI) 04/01/20-03/31/21
 UC Davis Office of Public Scholarship & Engagement
Community Data Mapping and Dissemination: A collaboration between Resilient Yolo and the Perinatal Origins of Disparities Center
 Role: Mentor / Co-Investigator
 Amount awarded: \$7,000

1 F31 NR018579-01 Scott, Jewel (PI/Fellow) 04/01/19-03/31/20
 NIH/National Institute of Nursing Research
Positive Social Determinants of Health and Blood Pressure among Young Black Women with a History of Early Life Stress
 Longitudinal study of protective factors against hypertension among black women who experienced adverse childhood events.
 Role: Sponsor
 Amount awarded: \$127,107

N/A Simmons/Bick (MPI) 06/01/18 – 05/31/19
 King's-Duke Advancement of Nursing Science
Paternal Influences on Overweight and Obesity among Preschool Age Children
 Role: PI (with D. Bick)
 Amount awarded: \$13,750

N/A Simmons (PI) 03/01/18 – 02/28/19
 DUSON Center for Nursing Research
GROWell Online / Texto Para Mi Salud
 Cultural and linguistic adaptation of GROWell for Spanish-speaking Latinas; GROWell is a mobile intervention to help pregnant women change dietary consumption to prevent gestational diabetes.
 Role: PI
 Amount awarded: \$27,000

Bass Connections Endowed Project 09/01/17 – 08/31/20
 Sperling Charitable Family Foundation
All Babies and Children Thrive (ABC Thrive)
 Interdisciplinary research initiative from prenatal to age 5 to promote positive early child development using innovative approaches for translating research into policy and practice.
 Role: Founding Faculty Director
 Amount awarded: \$3,000,000

1R15CA198841-01 Noonan (PI) 08/01/15 – 07/31/17
 NIH/National Cancer Institute
Addressing Tobacco Use Disparities through an Innovative Mobile Phone Intervention: The textto4gosmokelesstobacco
 Pilot study to test a mobile intervention to reduce rural health disparities in smokeless tobacco use.
 Role: Co-Investigator
 Amount awarded: \$450,000

- 1 U54 MD012530-01 Johnson (PI) 09/22/17 – 06/30/18
 NIH/National Institute for Minority Health and Health Disparities
Duke Center for REsearch to AdvanCe Healthcare Equity (REACH EQUITY)
 One of 12 NIH funding a specialized research center designed to conduct multidisciplinary research, research training, and community engagement activities focused on improving minority health and reducing health disparities.
 Role: Co-Investigator / Co-Director, Research, Education, and Training Subcore
 Amount awarded \$1,467,546
- N/A Simmons (PI) 03/01/16 – 12/28/17
 DUSON Center for Nursing Research
Goals for Reaching Optimal Wellness (GROWell): A Pilot Study of a Dietary Intervention During Pregnancy to Reduce Risk for Postpartum Depression
 Test the feasibility and preliminary efficacy of a mobile intervention to help pregnant women change dietary consumption from primarily Western diet to a primarily prudent diet.
 Role: PI
 Amount awarded: \$25,000
- N/A Richmond/Taylor (MPI) 06/01/16 – 05/31/17
 Bass Connections
Medicaid Reform Advisory Team
 Craft a Medicaid reform proposal designed to fit the constraints and demands of North Carolina politics.
 Role: Investigator
 Amount awarded: \$8,411
- N/A Dardas (PI/Fellow) 07/01/16 – 06/30/17
 Sigma Theta Tau International/Council for the Advancement of Nursing Science
Depression among Arab Adolescents
 Conduct a nationally representative study of depression among Jordanian adolescents.
 Role: Mentor
 Amount awarded: \$5,000
- 1F31-NR014954-01 Williams (PI/Fellow) 09/01/14 – 08/31/17
 NIH/National Institute of Nursing Research
A Mindfulness-based Intervention for Pain Catastrophizing in Sickle Cell Disease
 Randomized controlled pilot evaluating the feasibility and acceptability of mindfulness-based stress reduction in reducing pain catastrophizing among sickle cell patients with chronic pain.
 Role: Co-Mentor (with P. Tanabe)
 Amount awarded: \$65,516
- N/A Simmons/Bilbo (MPI) 06/01/13-05/31/15
 Bass Connections
Maternal Nutrition and the Developing Brain
 Translational study of human and mouse models examining the relationship between perinatal dietary intake, maternal postpartum weight and mood, and offspring weight and mood.
 Role: PI (with S. Bilbo)
 Amount awarded: \$23,000

VA777-12-C-0002	Simmons (PI)	10/01/13-09/30/14
Veterans Health Administration		
Education Services for Patient Centered Care		
Develop and pilot-test group-based peer coaching and shared medical appointments for the national VHA system.		
Role: Consortium PI		
Amount awarded: \$121,560		
N/A	Simmons (PI)	06/01/13-05/31/14
Duke University School of Nursing		
Metabolic Signature in Postpartum Depression		
Evaluate a mouse model of postpartum depression associated with dietary intake of amino acids.		
Role: PI		
Amount awarded: \$10,000		
N/A	Simmons/Burnette (MPI)	07/01/12-06/30/14
Duke Center for Prospective Health Care		
Just for Us		
Investigate health coaching and planning for improving outcomes in multimorbid, obese, minority patients receiving home-based primary care.		
Role: PI (with R. Burnette)		
Amount awarded: \$60,000		
N/A	Simmons (PI)	03/01/11 – 12/31/14
Duke Center for Personalized Medicine		
Personalized Medicine in Women's Obesity Prevention		
Pilot randomized controlled trial evaluating a personalized health planning with integrative health coaching intervention in postpartum women to reduce weight retention after pregnancy.		
Role: PI		
Amount awarded: \$50,000		
N/A	Schenkman (PI)	07/01/11 – 06/30/12
Hammond Fund		
The Role of Satiety Proteins in Pregnancy Outcomes and Postpartum Weight Retention		
Examine the role of satiety proteins in adipose tissue regulation in pregnant and postpartum women.		
Role: Mentor / Co-PI		
Amount awarded: \$5,000		
R01 HL067459-01	Suarez (PI)	10/01/10 – 01/31/14
NIH/National Heart, Lung, and Blood Institute		
Depression & CHD: Cellular-Molecular Mechanisms		
Phase III randomized controlled trial evaluating the efficacy of a 6-month Personalized Health Planning with integrative health coaching intervention in reducing cardiovascular disease risk.		
Role: Co-Investigator		
Amount awarded: \$3,741,950		

L60 MD001455-03 Simmons (PI) 07/01/09-06/30/10
 NIH/National Center on Minority Health and Health Disparities
Rural Maternal Mental Health Disparities
 Competitive, peer-reviewed health disparities loan repayment award to support Dr. Simmons' research on mental health disparities among rural women of childbearing age.
 Role: PI
 Amount awarded: \$8,816

L60 MD001455-02 Simmons (PI) 07/01/07-06/30/09
 NIH/National Center on Minority Health and Health Disparities
Rural Maternal Health Disparities
 Competitive, peer-reviewed health disparities loan repayment award to support Dr. Simmons' research on health disparities among rural women of childbearing age.
 Role: PI
 Amount awarded: \$50,894

N/A Simmons (PI) 09/01/07-08/31/08
 USDA/CSREES/UK HEEL
Blue to You: A Women's Mental Health Awareness Campaign
 Develop a depression awareness curriculum for cooperative extension agents to deliver in group settings.
 Role: PI (L. Crofford, Co-PI)
 Amount awarded: \$200,000

N/A Hansen (PI) 02/01/07-07/31/08
 March of Dimes
SUPPORT: Supporting Positive Pregnancy Outcomes in Rural Towns
 Project grant to develop and test the feasibility of a group prenatal care program for rural women abusing illicit substances.
 Role: Co-PI (J. Havens, Co-PI)
 Amount awarded: \$25,000

N/A Hansen (PI) 04/01/07-03/31/08
 UK Research Foundation
SUPPORT: Supporting Positive Pregnancy Outcomes in Rural Towns
 Project grant to develop and test the feasibility of a group prenatal care program for rural women abusing illicit substances.
 Role: Co-PI (J. Havens, Co-PI and W. Hansen, PI)
 Amount awarded: \$20,000

L60 MD001455-01 Simmons (PI) 07/01/05-06/30/07
 NIH/National Center on Minority Health and Health Disparities
Rural Maternal Health Disparities
 Competitive, peer-reviewed health disparities loan repayment award to support Dr. Simmons' research on health disparities among rural women of childbearing age.
 Amount awarded: \$65,500

4 ASPE417-02 DHHS/OASPE	Simmons (PI)	03/01/06-06/30/06
The Role of Family for Appalachian College Students		
Project grant through the UK Center for Poverty Research to support master's thesis research for Elizabeth Bryan's qualitative study of Appalachian, first generation college students.		
Role: PI/Mentor		
Amount awarded: \$800		
4 ASPE417-02 DHHS/OASPE	Simmons (PI)	11/01/05-10/31/06
Working Poor Blues: Work, Depression, & Labor Force Attachment among Working Poor Parents		
Pilot grant from UK Center for Poverty Research to examine relationships among job quality, depression, and employment using extant data the National Study of the Changing Workforce.		
Role: PI (J. Swanberg, Co-PI)		
Amount awarded: \$15,000		
N/A Kettering Foundation	Scutchfield (PI)	12/01/05-11/30/06
Community Medicine Joint Learning Agreement		
Employ community-based participatory research methods to identify the health needs and concerns of residents of rural Lincoln County, Kentucky.		
Role: Investigator		
Amount awarded: \$120,000		
N/A UK Research Foundation	Simmons (PI)	01/01/05-12/31/05
Food Insecurity among Cancer Patients in Kentucky		
Pilot study of food insecurity and cancer patients' quality of life and health outcomes.		
Role: PI		
Amount awarded: \$6,000		
N/A UK College of Agriculture	Simmons (PI)	01/01/05-12/31/05
Food Insecurity among Cancer Patients in Kentucky		
Pilot a protocol investigating the relationship between food insecurity and cancer patients' quality of life and health outcomes.		
Role: PI		
Amount awarded: \$4,200		
N/A UK Markey Cancer Control Program	Simmons (PI)	10/01/04-09/30/05
Food Insecurity among Cancer Patients in Kentucky		
Pilot a protocol investigating the relationship between food insecurity and cancer patients' quality of life and health outcomes.		
Role: PI		
Amount awarded: \$4,500		

5K30HL004163-05 Schedlofsky (PI) 09/01/04-08/31/06
 NIH/National Heart, Lung, and Blood Institute
Career Training in Therapeutics and Translational Research
 Biopsychosocial study of postpartum weight retention among rural women in Kentucky.
 Role: Trainee
 Amount awarded: \$200,000

5K12DA014040-07 Ferguson (PI) 09/30/06-8/31/08
 NIH/National Institute on Drug Abuse
Building Interdisciplinary Research Careers in Women's Health
 Biopsychosocial study of substance use during pregnancy.
 Role: Trainee
 Amount awarded: \$250,000

CLASSROOM AND ONLINE INSTRUCTION

University of Kentucky

<u>Undergraduate Courses</u>	<u>Semesters Taught</u>	<u>Mean Enrollment/Section</u>
Families, Public Policy, and Legislation	Spring 2009	50 students
<u>Graduate Courses</u>		
Systemic Family Development	Fall 2004, Fall 2005, Fall 2006, Fall 2007, Fall 2008, Fall 2009	18 students
Research Methods	Spring 2005, Spring 2007	14 students
Seminar in Family Theory Construction	Spring 2006, Spring 2009	10 students

Duke University School of Nursing

<u>Undergraduate Courses</u>	Spring 2010, Fall 2010, Spring 2011, Spring 2014	2 students
Independent Study		
<u>Graduate Courses</u>		
Transforming the Nation's Health	Fall 2012, Fall 2013, Fall 2014, Fall 2015, Fall 2016 (2 sections), Fall 2017 (2 sections), Fall 2018 (2 sections)	25 students

UC Davis

<u>Undergraduate Courses</u>	<u>Quarters Taught</u>	<u>Enrollment</u>
HDE 198: Disparities and Inequalities in Health & Well-Being	Fall 2020 (remote instruction)	101

Continuing Education / Professional Courses

<u>Date(s)</u>	<u>Location & Audience</u>	<u>Course Title</u>	<u>Mean Enrollment/Course</u>
Various 2011-12 12 courses (4-5 days each)	Duke Integrative Medicine medical providers, behavioral health specialists, alternative health providers	Integrative Health Coaching Professional Training: Foundations	40 students
June 2012 (2- hour course)	Memphis & Nashville, TN / primary health care providers	Health Coaching in the Team Practice Environment for Practical Strategies in Medication Adherence CDC-funded course	60 students
Various 2013-14 14 courses (3 days each)	Veterans Health Administration Medical Centers primary, specialty, and allied health care providers	Whole Health Coaching *See consultant appointments	40 students

TRAINEE SUPERVISOR

University of California, Davis – *Postdoctoral Supervision*

1. Seonhwa Lee, Ph.D.
2. Mackenzie Whipps, Ph.D.

University of California, Davis – *Doctoral Supervision*

1. Julia Moat (Ph.D. Student committee)

University of California, Davis – *Master's Practicum Supervision via University of San Francisco Placement*

1. Sharon Tafolla, MPH
2. Audriana Laporte

University of California, Davis – *Undergraduate Supervision*

1. Alex Bui
2. Indira D'Souza
3. Kirby Lee
4. Bianca Puente (Undergraduate Public Health Scholars Program)
5. Hana Rivera (Global Disease Biology practicum)
6. Nikita Satish (Global Disease Biology practicum)
7. Harjeet Mann (Undergraduate Public Health Scholars program)
8. Catelyn Edwards (Undergraduate Public Health Scholars program)

Duke University - *Doctoral Supervision*

PhD Dissertations

1. Jessica Bolton / “Developmental programming of brain and behavior: A role for the innate immune system of the placenta and brain? (2015) / Department of Psychology & Neuroscience (committee member)
3. Hants Williams / “Non-Pharmacological approaches for pain management in sickle cell disease: Development of a mindfulness-based intervention” (2016) / School of Nursing (NRSA-F31 co-sponsor and committee member)
4. Megan Winkler / “Obesity and overweight among Black American adolescent females: The role of social influences on everyday dietary practices” (2016) / School of Nursing (committee member)
5. Latefa Dardas / “A nationally representative survey of depression symptoms among Jordanian adolescents: Associations with depression stigma, depression etiological beliefs, and likelihood to seek help for depression” (2017) / School of Nursing (primary mentor/chair) *won DUSON best dissertation award and honorable mention for American Association of Colleges of Nursing Outstanding Dissertation Award
6. Jewel Scott / “Social Contributors to the Cardiovascular Health of Young Adult Black Women (2020) / School of Nursing (primary mentor/chair) *won the American Association of Colleges of Nursing Outstanding Dissertation Award

DNP Capstones

1. Laurie Jeffers / “Standardizing care for menopausal women in a private practice setting: A quality improvement project” (2014) / School of Nursing (chair)
2. Hillary Menella / “Screening for anxiety and depression in community college students and evaluating symptomatic students’ attitudes toward yoga as a therapeutic option” (2014) / School of Nursing (committee member)
3. Lisa Seldon / “Evaluation of a pneumonia nurse navigator program” (2015) / School of Nursing (chair)
4. Anneka Landgraf / “Let’s talk about sex: Incorporating adolescent sexual reproductive health in pediatric primary care” (2017) / School of Nursing (committee member)

Jonas Nurse Leader Fellowships

1. Allison Lewinski / “Engaging nurse practitioners in health policy and advocacy” (2016) / School of Nursing (primary mentor)

Duke University – *Master’s Supervision*

Duke – Winston-Salem State Bridge to the Doctorate Scholar M.S.N. Thesis

1. Amnazo Muhirwa / “Cardiometabolic risk and race/ethnicity among rural women” (2018) / Winston-Salem State University (primary co-mentor)

Duke University – *Undergraduate Supervision*

1. Erica Jain (2011)
2. Bailey Ryan (2015)

3. Samantha Truong (2015)
4. Nancy Yang (2012)

University of Kentucky – *Master’s Supervision*

Master’s Theses / Research Projects

1. Amanda Brody / “Family resiliency during childhood cancer: A father’s perspective” (2006) / Department of Family Studies (chair)
2. ReShanta Beatty Hazelbaker / “Teaching about HIV/AIDS: A family life education program for African American youth and their parents” (2006) / Department of Family Studies (committee member)
3. Julia Rimer Kirby / Supportive outlets for adolescents and their families who are experiencing divorce: A family life education program” (2006) / Department of Family Studies (committee member)
4. Elizabeth Bryan / “The role of family for Appalachian college students” (2007) / Department of Family Studies (chair)
5. Allison Leggin / “Tell me what you see: A lesson in cognitive behavioral couples therapy” (2007) / Department of Family Studies (committee member)
6. Jennifer Holz / “Opposites can attract: A case analysis using E.F.T.” (2007) / Department of Family Studies (committee member)
7. John Hughes / “A practical resource for blind and visually impaired students and their families (2008) / Department of Family Studies (committee member)

PROFESSIONAL ORGANIZATIONS – MEMBERSHIP AND SERVICE

Professional Organization	Office Held and/or Committee Assignment	Dates
American Academy of Health Behavior	Member	2015-present
	Board of Directors	2016-2019
	Chair, Resource Development Council	2016-2019
	2017 Conference Program Chair	2016-2017
	2019 Conference Program Chair	2018-2019
	2020 Conference Submission Reviewer	2019-2020
American Association of Marriage and Family Therapy	Member	1988-2002
	Annual Conference Submission	2002
	Reviewer	
American Public Health Association	Member	2001-present
	Mental Health Section Secretary	2006-2008
American Association for Family and Consumer Sciences	Member	2003-2009
	Public Policy Committee	2004-2008
	Public Policy Committee Chair	2006-2007
	Public Policy Committee Fundraising Subcommittee Chair	2007-2008

American Sociological Association	Member	2005-2009
Consortium of Academic Health Centers for Integrative Medicine	Personalized Health Care Committee	2012-2013
National Council on Family Relations	Family Policy Section Student/New Professional Representative	2003-2000 2003-2005
	Public Policy Committee Invited Member-at-Large	2001-2005
	Annual Conference Submission Reviewer	2001-2005
NC1011: Rural Families Speak Multi-State Team	Nominations Committee Chair	2007
	NC-Status 2008-2013 Reauthorization Committee	2007
NC1171 Rural Families Speak about Health Multi-State Team	Grant-writing Vice-Chair, Executive Committee	2008-2010
	Protocol Committee	2008-2010
Society of Behavioral Medicine	Member	2015-present
	Annual Conference Abstract Reviewer	2017, 2019
Society for the Psychology of Women	Member	2004-2012

GRANT REVIEW PANEL PARTICIPATION

Irish Research Council

Dec 2017 Reviewer for CAROLINE Research Fellowships, Irish Research Council Outer International Assessment Board

National Institutes of Health

Nov 2015 Reviewer: ZRG1 RPHB-R (12) B Small Business Special Emphasis Panel – Psycho/Neuropathology, Lifespan Development, and STEM Education

Feb 2016 Reviewer: ZRG1 RPHB-R (80) A Special Emphasis Panel – Risk, Prevention, and Health Behavior Academic Research Enhancement Award (AREA)

July 2016 Reviewer: ZRG1 RPHB-R (08) F Small Business Special Emphasis Panel: Psycho/Neuropathology, Lifespan Development, and STEM Education

Nov 2016 Reviewer: ZRG1 RPHB-R (12) B Small Business Special Emphasis Panel – Psycho/Neuropathology, Lifespan Development, and STEM Education

May 2017 Reviewer: ZRG1 RPHB-R (80) A Special Emphasis Panel – Risk, Prevention, and Health Behavior Academic Enhancement Research Award (AREA)

Feb 2018 Reviewer: ZRG1 RPHB-R (80) A Special Emphasis Panel – Risk, Prevention, and Health Behavior Academic Enhancement Research Award (AREA)

- Dec 2019 Reviewer: ZRG1 RPHB-Y (13) B Small Business Special Emphasis Panel – Psycho/Neuropathology, Lifespan Development, and STEM Education.
- Jun 2020 Reviewer: CMPC - Clinical Management of Patients in Community-based Settings Study Section / Healthcare Delivery and Methodologies Integrated Review Group
- Feb 2021 Reviewer: Special Emphasis Panel / Scientific Review Group 2021/05 NRRC (80) / National Institute of Nursing Research / Fellowship and Career Development Awards

Veterans Administration

- Apr 2021 Reviewer: Small Projects in Rehabilitation Research (SPiRE) / 2021/08 RRDS

Netherlands Organisation for Scientific Research (NWO)

- 2016 Reviewer: Innovational Research Incentives Scheme VIDI Grant

United States Department of Agriculture

- 2007 National Research Initiative: Human Nutrition and Obesity Panel Reviewer
- 2008 National Research Initiative: Human Nutrition and Obesity Ad Hoc Reviewer
- 2008 Small Business Innovation Research: Food Science and Nutrition

Massachusetts Agricultural Experiment Station

- 2007 Hatch Funds Proposal Reviewer

AD HOC JOURNAL REVIEWER

<i>Biological Psychiatry</i>	2018 – present
<i>Brain, Behavior, and Immunity</i>	2017 – present
<i>BMC Psychiatry</i>	2016 – present
<i>Drug and Alcohol Dependence</i>	2009 – present
<i>Family Relations</i>	2004 – 2007
<i>Health Affairs</i>	2012 – present
<i>Journal of Epidemiology & Community Health</i>	2010 – present
<i>Journal of Family Issues</i>	2005 – 2008
<i>Journal of Health Care for the Poor & Underserved</i>	2010 – present
<i>Journal of Rural Health</i>	2008 – present
<i>Journal of Rural Mental Health</i>	2015 – present
<i>Maternal Child Health Journal</i>	2012 – present
<i>Nursing Outlook</i>	2017 – present
<i>Pediatrics</i>	2014 – present
<i>Personalized Medicine</i>	2012 – present
<i>Public Health Nursing</i>	2015 – present

<i>Public Health Nutrition</i>	2009 – present
<i>Rural & Remote Health</i>	2012 – present
<i>Women & Health</i>	2013 – present

OUTSIDE TENURE & PROMOTION CASE REVIEWER

<i>Kansas State University School of Nursing</i>	2018
<i>King's College London, Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care</i>	2019
<i>Vanderbilt University Medical Center</i>	2020
<i>Oregon State University, School of Biological & Population Health Sciences</i>	2020
<i>University of North Texas Health Science Center</i>	2021

UNIVERSITY SERVICE

University of Kentucky

Marriage and Family Therapy Admissions Committee	2004
Family Studies Program Review and Self Study Committee	2004
Screening Committee: Director of School of Human Environmental Sciences/Assistant Director of Extension	2004-2005
Family Studies Curriculum Committee	2004-2009
Family Studies Doctoral Comprehensive Exam Committee	2004-2009
Search Committee: MFT/Human Development Faculty Member	2005
Center for Leadership Development Steering Committee	2005
Family Studies M.S. Admissions Committee	2005-2006
Family Studies Ph.D. Admissions Committee	2005-2006
Girls in Science Girls in Research Mentor	2005-2008
Healthy Weight Task Force	2005-2009
Search Committee: Chair, Department of Family Studies	2006-2007

Duke University School of Nursing

Curriculum Pathways Initiative Committee (DNP Representative)	2013-2014
DNP Admissions Committee	2013-2015
Academic Council Representative	2016-2017
Faculty Governance Council, Chair-Elect	2016-2017
Faculty Governance Council, Chair	2017-2019
Transforming the Nation's Health, Course Lead	2016-present
PODS Mentor	2016-2017
Search Committee, Associate Dean for Academic Affairs	2017-2018

Duke University Health System

Faculty Mentor, Office for Faculty Mentoring	2013-present
Children's Health & Discovery Initiative, Scientific Advisory Board	2017-present

Duke University

Faculty Sponsor, Serving for Health, Prospective Health Care Club	2011
Strategic Advisory Committee, Center for Applied Genomics and Precision Medicine	2012-2016
Public Policy Chair, Center for Applied Genomics and Precision Medicine (formerly Center for Personalized and Precision Medicine)	2012-2016
Faculty Advisory Council, Bass Connections	2016-2019
Chair, Faculty Advisory Council, Bass Connections	2017-2019

University of California, Davis

University Senate Library Committee	2019-2020
Lived Name and Gender Marker Implementation Committee	2020-present
University COACHE Committee	2020-2021
UC Davis Medical Center Wellness Initiative Strategic Planning Committee	2021 - present

PUBLIC SERVICE

Preconception Health Council of California – Executive Committee and Invited Member	2020-presesnt
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CONSULTING APPOINTMENTS

Veterans Health Administration / Pacific Institute for Research and Evaluation: Develop and nationally disseminate the Whole Health Coaching training	2013-2014
Duke – Johnson & Johnson Nurse Leadership Program Mentor	2016-2018
New Hanover Regional Medical Center – Executive Leadership Coaching – Health Care Transformation Retreats	2017-2018